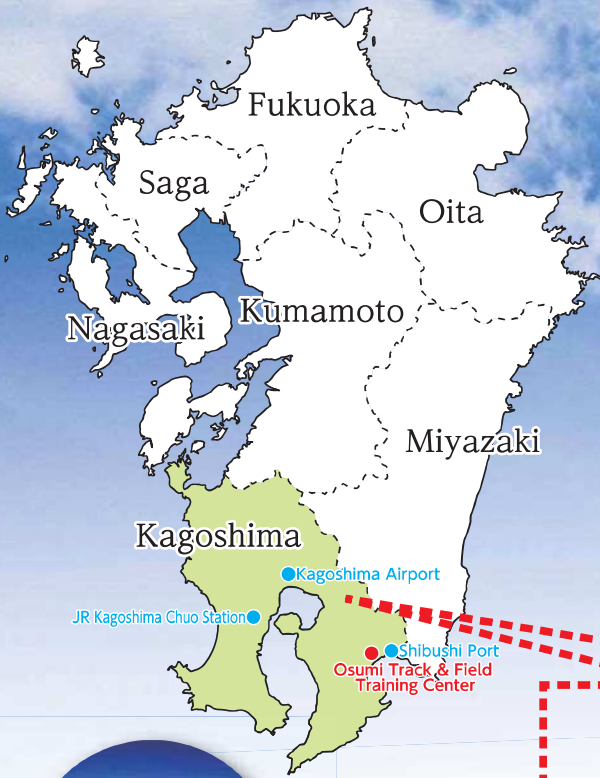


Japan Athlete Training Center Osumi



Introduction of Osumi area



The Osumi area is famous for its livestock industry, which produces good beef and pork. ("KUROGEWAGYU" and "KUROBUTA" in Japanese) There are also many fruits grown in Osumi, like mango etc



Osumi area has many good hot springs, and is an ideal place for rest and relaxation.



Masumaru Coast (Osaki Town)



- ◆ Transportation and Access (from the transport hubs in Kagoshima)
- Kagoshima Airport – 70 min
 - Kagoshima Chuo Station — 90 min
 - Shibushi Port — 15 min



Japan Athlete Training Center Osumi



There is a "Sports Performance Laboratory" at the National Institute of Fitness and Sports in Kanoya. This is an indoor research facility equipped with state-of-the-art research equipment. It is 40 min away from Osumi Track & Field Training Center.



The Satamisaki Park

Basic Policy

Japan Athlete Training Center Osumi: JATCO

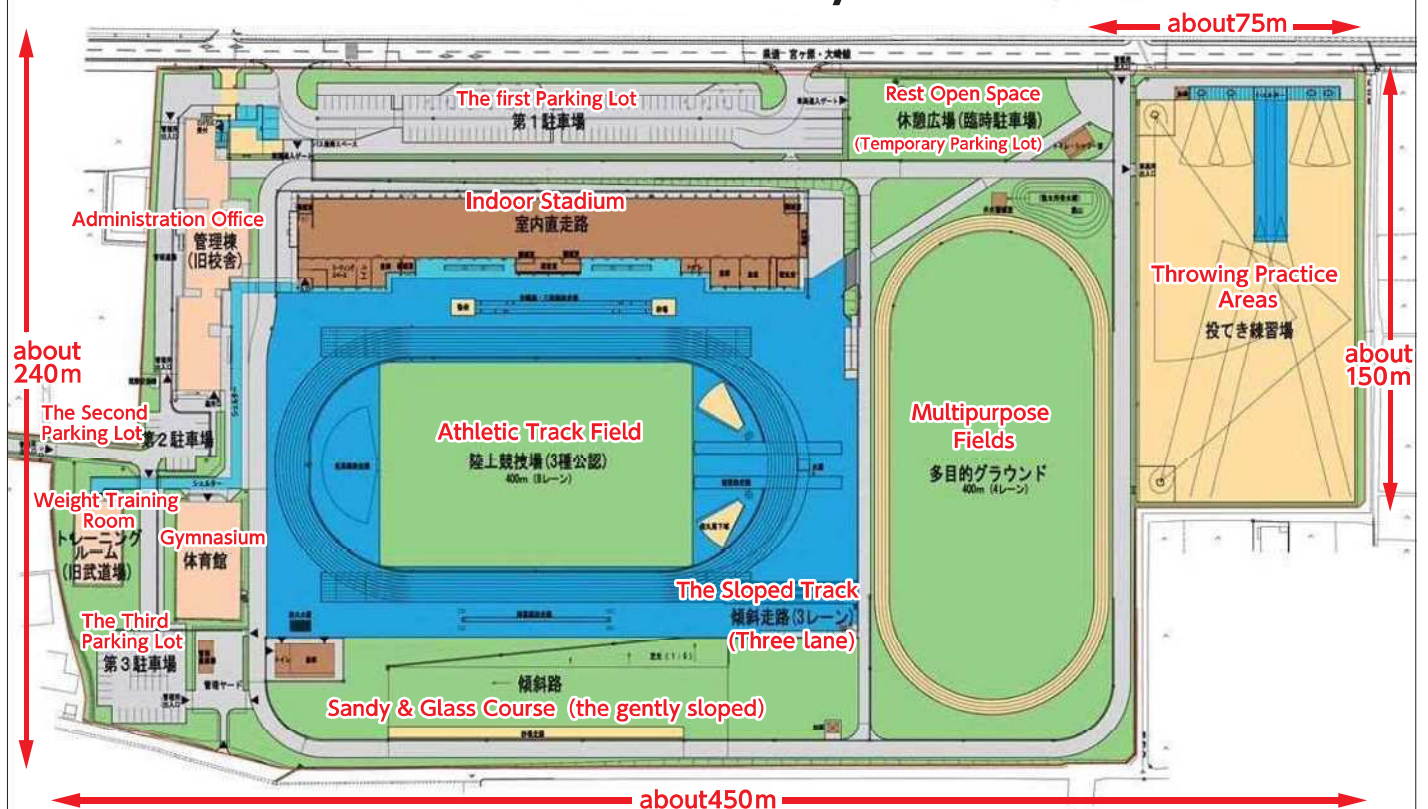
1 Basic concept

- **JATCO** is a high quality athletic center that features track and field facilities, air-conditioned indoor stadium, throwing practice areas, and more.
- **JATCO** is specific to track and field.
- **JATCO** meets the needs of top athletes.
- **JATCO** is more attractive than any other facilities in Japan.
- **JATCO** related visits will increase the number of people and economic activity in the area. The facility will also help increase the competitive ability of athletes in Kagoshima Prefecture.

2 Planned use and the systems to accommodate athletes

- **JATCO** are the facilities for track and field training camps.
- **JATCO** can accommodate top athletes as well as the general public for training.
- In addition to standard facilities and equipment the **JATCO** features a climate controlled indoor stadium, purpose built throwing area, and more, making it the most attractive athletic training facility in Japan.
- **JATCO** works in cooperation with the National Institute of Fitness and Sports in Kanoya and other existing sports facilities in Osumi.
- Tertiary services to support training camps like food, lodging and transportation will be provided mostly by the private sector in Osumi area.

Facilities Layout



10 meters
clearance allows
pole vault and high
jump practice.

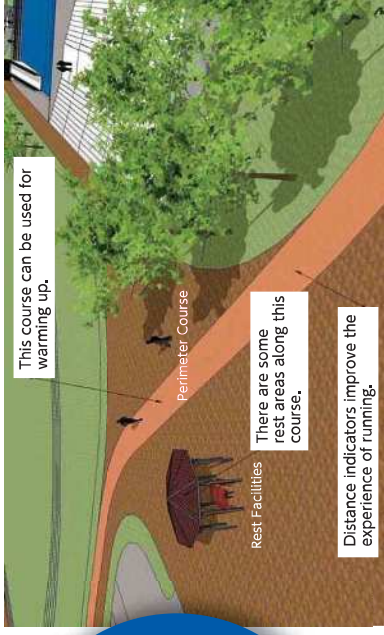
Indoor Stadium



There is also a
track and sand
box for long
jump and triple
jump.

Five 150 meter
lanes with all-
weather surfacing
and air conditioning
are the longest
in Japan.

Overview of Facilities



Perimeter Course

Course is roughly 800 ~ 1000 meters. (course is yellow line)

Administration Office

There are trainer's room, shower room, bathroom, and relaxation room etc

Gymnasium

Weight Training Room

There are a various of free weights training equipment.



Largest Nationwide!! Grass Course

There is the gently sloped course.

Sandy Course

This course is 100 meters long, 4 meters wide, and 0.5 meters deep.

Athletic Track Field

This track is Japan Association of Athletic Federation level three authorized. It has 400 meter x 8 lanes, and a grass infield. It is lit to allow night training .

Multipurpose Fields

A grass field with 400 meters x 4 lanes.

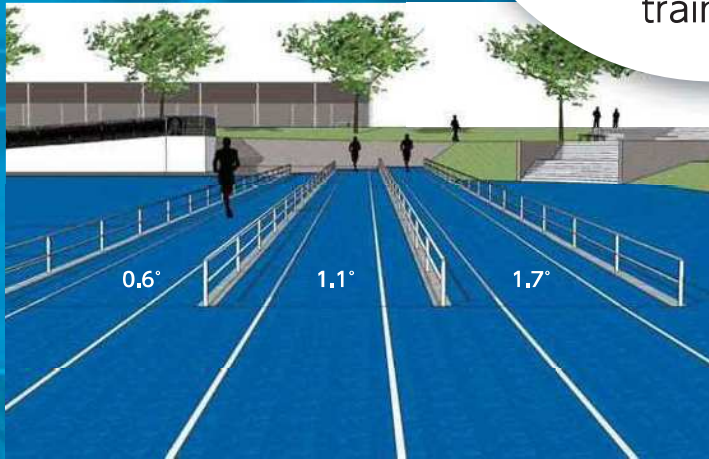


※In Kuninomatsubara (coastal pine forest), 5 minutes away by car from Osumi Track and Field Training Center, there is the Osaki beach sports field, a campsite, and a pool. A cross country running course is being developed in the forest.



Sloped Tracks With All Weather Surface

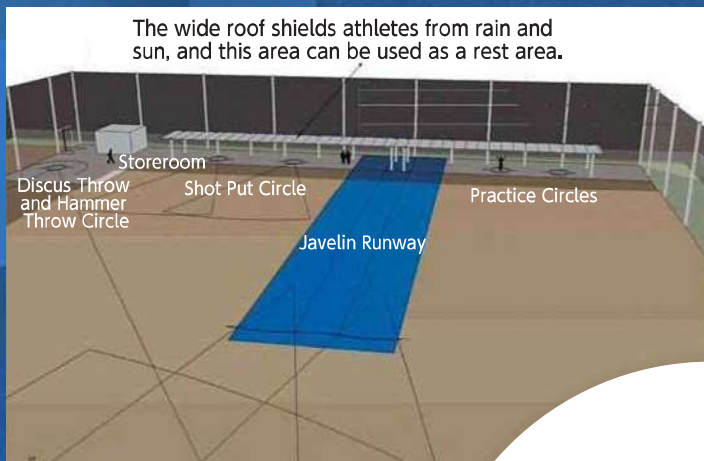
Roughly 40 meter \times 3 lanes with various degrees of slope. These are linked with the track, so it allows for maximum speed training.



Fences ensure the safety of athletes.



The wide roof shields athletes from rain and sun, and this area can be used as a rest area.



Throwing Practice Areas

Several athletes can train at the same time. There are areas for shot put, javelin, discus, and hammer throwing.

Sightseeing Spots in Osumi Area



Kanoya Rose Park



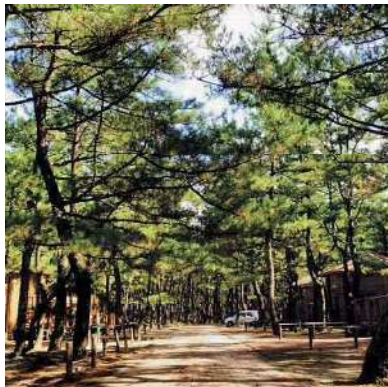
Sarugajyo Valley



Mizonokuchi Cave



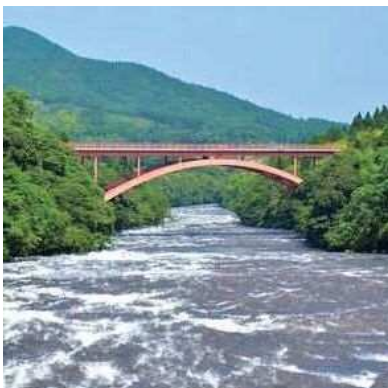
Temple of Daiji



Kuninomatsubara



Kashiwabarū Coast



Hanaze Nature Park



Ogawa Fall



**JAXA Uchinoura
Space Center**

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